CATERING
Menus for Residential and Corporate Entertaining

E.A.T.
(Is Owned By Eli Zabar Inc.)

NEW YORK CITY 10028
212.772.0022
**Sliced Fruit Platters**
A selection of seasonal fruit
- **13” Platter / $100.00**
  Serves 8–12
- **16” Platter / $160.00**
  Serves 15–24

**Housemade Granola**
With yogurt and fresh berries
**$15.00 / person**

**Quiches**
Ham and cheese, asparagus or broccoli, spinach and mushroom or tomato and goat cheese
**$48.00 each**
Serves 6–8

**E.A.T. Bread Basket**
An assortment of Eli’s sourdough ficelle, seven grain rolls and bagels served with butter, jam and cream cheese
**$17.00 / person**

**Pastry Basket**
An assortment of mini croissants, muffins, danish, sticky buns and scones, served with butter and jam
**$22.50 / person**

**Salmon Set-Up**
Smoked salmon, bagels, cream cheese, capers, olives and lemons
**$30.00 / person**
With sliced tomatoes and onions
**$35.00 / person**

**Tower of Bagel**
Eli’s famously thin version of the traditional lox and bagel sandwich
**$25.00 each**

**Smoked Fish Platter**
Smoked salmon, sturgeon and whitefish salad, served with bagels and two cream cheeses
**$38.00 / person**
With sliced tomatoes and onions
**$43.00 / person**

**Call 212.772.0022**
**www.elizabar.com**
HORS D’OEUVRES

Smoked salmon triangles $48.00 / dozen
Smoked whitefish triangles $48.00 / dozen

Bite-Size Sandwiches on Eli’s Ficelle
Eggplant, cheese, ham, salami, tomato, mozzarella or cucumber and chevre $42.00 / dozen

E.A.T. Tea Sandwiches
Bite-sized cucumber and watercress, chicken salad, egg salad or smoked salmon sandwiches $48.00 / dozen

Chopped liver or pâté on raisin nut bread $48.00 / dozen

Filet of beef on mini brioche rolls $48.00 / dozen
Baked ham and cheddar on mini biscuits $48.00 / dozen
Mini tomato basil or ratatouille pizza $48.00 / dozen
Prosciutto-wrapped asparagus, melon or figs (in season) $48.00 / dozen

Grilled artichokes $48.00 / dozen
Stuffed mushrooms $36.00 / dozen
Chicken satay with peanut sauce $40.00 / dozen
Grilled baby lamb chops $60.00 / dozen
Mini potato pancakes with applesauce $36.00 / dozen
Baby crab cakes $50.00 / dozen
Grilled shrimp $50.00 / dozen
Shrimp cocktail $50.00 / dozen

Crudité Basket
Vegetable crudité with dip
Small Basket $90.00
Serves up to 15
Large Basket $175.00
Serves up to 30

Cheese Platter
A selection of French and Italian cheeses with a basket of Eli’s crisps and thins
13” Platter / $125.00
Serves 8-12
16” Platter / $195.00
Serves 15-24

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Parmesan Toast Basket
A beautiful basket of Eli's nearly addictive cheese toasts
Small Basket / $100.00
Serves 20–30
Large Basket / $175.00
Serves 50 and up

Crisps & Thins Basket
A basket of Eli's famously addictive crisps and thins
Small Basket / $45.00
Serves 20–30
Large Basket / $90.00
Serves 50 and up

Fruit and Cheese Platter
With a basket of Eli's crisps and thins
13” Platter / $145.00
Serves 8–12
16” Platter / $225.00
Serves 15–24

Caviar Set-Up
Beluga caviar, toast points or potato skins, sour cream, chopped egg and onions
Market Price

Meat
• Filet Mignon
• Roast Shell of Beef
• Rosemary Roasted Veal
• Eli's Pot Roast
• Meatloaf
• Veal Stew
• Stuffed Cabbage
• Roast Leg of Lamb
• Glazed Baked Ham

Seafood
• Grilled Stuffed Salmon
• Salmon Paillard
• Salmon Cakes
• Crab Cakes
• Soft Shell Crabs (seasonal)
• Swordfish Salad Niçoise

Poultry
• Roast Chicken with Potatoes and Carrots
• Grilled Free-Range Chicken
• Chicken in White Wine
• Stuffed Chicken Breast with Spinach and Ricotta
• Boneless Lemon Thyme Chicken Breast
• Chicken Paillard
• Chicken Pot Pie
• Roast Stuffed Turkey

Pasta & Potatoes
• Macaroni and Cheese
• Potato Dauphinoise
• Potato Pancakes
• Mashed Potatoes
• Roasted Potatoes and Carrots
• Herb-Roasted Sweet Potatoes
• Eggplant Parmesan
• Meat Lasagna
• Broccoli Rabe Lasagna

Vegetables
• Grilled Vegetables
• Roast Winter Vegetables
• Steamed Vegetable Medley
• Creamed Spinach
• Sautééed Spinach
• Sautééed Broccoli Rabe and Garlic
• Braised Brussel Sprouts
• Caramelized Golden Onions
• Cranberry Sauce
• Applesauce
• Fruit Chutney
LUNCH MENU

Eli’s Over-Stuffed Sandwiches
Choose from a wonderful selection of New York’s best sandwiches all made on Eli’s Bread:
Sourdough, Rye, Brioche
Pumpernickel and Seven grain

• Egg Salad
• Chicken Salad
• Chopped Liver
• Meatloaf
• Ham and Cheese
• Roast Beef
• Whitefish Salad
• Smoked Salmon
• Turkey Club
$15.00–$30.00 / person

Cheese, ham or salami on sourdough ficelle

Ham or salami country sandwich

Ciabatta pockets stuffed with lentils, tabouleh and feta, grilled chicken or eggplant salad

Grilled vegetables on ciabatta

Turkey coleslaw on brioche roll

Roast lamb on toasted olive bread

Grilled chicken and roasted tomatoes on rosemary focaccia

Tomato mozzarella or cucumber and chevre on sourdough ficelle

Goat cheese and roasted pepper on focaccia

Roast veal on toasted sourdough

Our Salad Choices
To accompany sandwiches or as a cold buffet:
$12.00–$24.00 / person
As an entrée
$18.00–$40.00 / person

• Chicken Salad
• Egg Salad
• Salmon Salad
• Whitefish Salad
• Calamari Salad
• Seafood Salad
• Shrimp and Dill

• Mushroom and Grilled Leeks
• Broccoli and Garlic
• Celery Remoulade
• Potato, Fennel and Haricots Verts
• Avocado and Endive

• Tomato and Mozzarella
• Pasta, Tomato and Basil
• Tomato and Prosciutto
• Haricots Verts
• Asparagus

• Grilled Vegetables
• Grilled Artichokes
• Fruit Salad
• Cucumber and Dill
• French Potato

• Chopped Vegetable
• Coleslaw
• Confetti Rice
• Three Bean
• White Bean

• Tabouleh
• Lentil
• Eggplant Caviar
• Tuscan Bread
• Sicilian Bread
DESSERTS

Chocolate Platter
Brownies, biscotti, graham and truffles, all chocolate, of course
$15.00 / person

Pound Cake Slices
Our buttery loaf cakes arranged on a platter
$15.00 / person

Seasonal Fruit Pies
- Apple
- Cherry
- Blueberry
- Peach
- Pumpkin
$45.00 / 9” Pie

Sweets Platter
An assortment of E.A.T. cookies and brownies
$10.00 / person
13” Platter / $100.00
Serves 8–12
16” Platter / $175.00
Serves 16–24

Deluxe Sweets Platter
An assortment of cookies, brownies, cupcakes, fruit boats and chocolate-dipped strawberries
$15.00 / person

Coffee Cake Platters
Assorted Russian and sourcream coffee cake slices
13” Platter / $100.00
Serves 8–12
16” Platter / $175.00
Serves 16–24

A List of Housemade Baked Goods:
- Chocolate Cake
- Chocolate Marble Tart
- Chocolate Truffle Cake
- Cheesecake
- Carrot Cake
- Coconut Cake
- Raspberry Tart
- Pear Tart
- Lemon Tart
- Apple Tart Tatin
- Pecan Pie
- Bread Pudding
- Layer Cakes
- Lemon Meringue Cake

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“E.A.T., Eli’s original shop, is still a showcase for his best ideas: platters of overstuffed sandwiches on very thin, very good bread; a range of salads worth making a meal of, tender, flaky breakfast pastries and simple elegant desserts. This attention to detail, this careful thinking about how to refine an idea, remains Eli’s signature today.”

1064 Madison Ave, NYC 10028 (212)772-0022