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GLUTEN FREE - NYC



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Review by [Stephanie Tweel](#)



CONTACT INFO

Address: 1266 Madison Ave ([Map](#))
Neighborhood: Upper West Side
Cuisine: Gluten-Free Bakery
Website: www.noglu.fr
Phone: (646) 895-9798
Price: \$\$

NOBREAD FACTS

Gluten Free Menu: **Yes**
Cross Contamination: **No**
Malted Rice: **N/A**
Gluten Free Pasta: **N/A**
Gluten Free Bread: **Yes**
Gluten Free Taco Shells: **N/A**

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SO HERE'S WHAT WE THINK...

There are few other ways I'd want to spend a Saturday morning than in a French bakery faced with a wide selection of fresh out-of-the-oven pastries. Combine this with the feeling of being transported to Paris and I've found culinary heaven. Not only is Noglu your French dessert oasis on the Upper West Side, but it's also a gluten-free haven. We're glad Noglu decided to bring its Paris eatery to those with dietary restrictions in New York...

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Noglu is best for breakfast or brunch and it is perfect for grabbing a quick bite on-the-go or catching up with friends over dessert. Since the entire menu is fair game, we tried a variety of treats. My favorites were the carrot loaf cake, the lemon meringue tartlet, and the cream puff, which were filled with fresh strawberries and blueberries. For those with a savory palette, the spinach and feta quiche did not disappoint. Complete your meal with a cappuccino for the full Parisian experience.

Now, Noglu is even serving weekend brunch – so gluten-free diners can enjoy French classics like crepes, Croque Monsieurs and Croque Madames. Of course, you can also enjoy more classic staples like eggs or oatmeal that are typically GF, but their blueberry- or raspberry-stuffed crepes are definitely worth the food coma that will follow!

Noglu seems small, but they have a dining area upstairs with tables and countertops where you can enjoy your meal with friends. It's also perfect for on-the-go healthy salad and sandwich options. Gone is the feeling of missing out when your friends top their meal off with dessert. Give Noglu a try and you'll be back in no time!

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