



EVERYTHING COMES WITH ELI'S BREAD!

SANDWICH PLATES

Cucumber & Goat Cheese on Ficelle	21.00
Tomato & Mozzarella on Ficelle	21.00
Focaccia Sandwich	21.00
Roasted Peppers, Onions & Feta Cheese	
Country Sandwich	21.00
Ham or Salami, Cheese, Lettuce & Tomato	
Egg Salad Sandwich	24.00
Meatloaf Sandwich	24.00
★ Pastrami on Rye	24.00
Chicken Tarragon on 7-Grain	24.00
Smoked Whitefish Salad on Rye	32.00
Turkey Club	28.00
★ Smoked Salmon on Health Bread	32.00
★ Tower of Bagel	32.00

HOT E.A.T.s

Cheese Omelet & Salad	28.00
★ Lox & Eggs	28.00
Egg Whites Only	add 4.00
Quiche Lorraine & Salad	26.00
Ratatouille Pizza & Salad	26.00
Vegetable Frittata	22.00
Grilled Chicken	28.00
w/ Cole Slaw & Potato Salad	
Roast Chicken, Potato & Carrots	28.00
Potato Pancakes w/ Applesauce	24.00

COLD E.A.T.s

Charcuterie Plate	26.00
Prosciutto, Housemade Paté & Salami	
Fruit & Cheese Plate	26.00
Grilled Chicken Salad	26.00
★ Grilled Salmon	34.00
Shrimp & Dill Remoulade	32.00
Seafood Salad	29.00
Calamari, Shrimp & Mussels	
★ Smoked Salmon Plate	34.00
★ Smoked Fish Plate	38.00
Caesar Salad	24.00
Caesar Salad w/ Grilled Chicken	28.00
★ An E.A.T. Classic	

SOUPS

★ Chicken Vegetable	16.00
w/ Matzoh Ball	18.00
Mediterranean Vegetable	16.00
Carrot	16.00
Cold Borscht	16.00
Gazpacho	16.00
Vichyssoise	16.00

SALADS

One Salad Plate	16.00
Choice of Two Salads	24.00
Choice of Three Salads	29.00

- Asparagus Remoulade
- Avocado & Endive
- Balsamic Eggplant Slices
- Roasted Beets
- Broccoli & Garlic
- Calamari Salad
- Caponata
- Chicken Tarragon Salad
- Cole Slaw
- Cucumber & Dill
- Egg Salad
- Egg White Salad
- Field Salad
- French Potato
- Grilled Vegetables
- Haricots Verts
- Lentil Vinaigrette
- Mexican Chopped Salad
- Pasta, Tomato & Basil
- Poached Salmon Salad
- Potato, Fennel & Haricots Verts
- Roasted Vegetables
- Roman-style Artichokes
- Sicilian Bread Salad
- Tabbouleh
- Tomato & Mozzarella
- Tomato & Prosciutto

CAVIAR

2 oz. California served w/ Blinis or Potato Skins	195.00
California Oestra Caviar Omelet	195.00
Potato Pancakes w/ Caviar & Crème Fraîche	195.00

★

Service is not included.

Visit us at elizabar.com
to order the things you love from E.A.T.